



## Lesson Activities for Preschool and Kindergarten Students

### ACTIVITY 1

#### **Learning Objectives**

- To understand what epilepsy is and how seizures affect the brain and body
- To begin to understand what is happening to their classmate who has had a seizure
- To understand that their classmate will be taken care of and that the seizure is a short event
- To feel safe and reassured about playing with their classmate

#### **Introduction**

- Begin the lesson as a conversation about the recent seizure event.
- Help the students recall what they observed. Explain the actions of the adults—we try to make the student comfortable and safe.
- Talk about what causes a seizure—sometimes when the brain is working, a glitch happens just for a moment.
- Reassure the class that the student is being cared for and that there is no danger to them.

Introduce the book, *Lee the Rabbit with Epilepsy* by Deborah Moss. Explain that Lee, like their classmate, has seizures and that by listening to this story we'll learn more about what happens to cause seizures. As you read, stop along the way to draw connections to the classroom event or to respond to student comments.

After you have read the story, ask the students to tell you what they remember. Listen carefully and expand on their comments or concerns. Talk with the students about what they might do to help Lee. And then talk about how what they have learned can help their classmate.

#### **Review and Discuss**

The next day, revisit the story. Using puppets or flannel board figures, have the students help you reenact the story. Ask the students again what they could do to help Lee, and then to help their friend, and record their answers on an experience chart. The students can illustrate their recommendations. You may help the discussion by asking:

- What would you do to help if Lee were your friend?
- How should you treat someone who has epilepsy?
- Do you have any questions about epilepsy?